



- Information
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Enhancing the quality of life for caregivers
and their loved ones

ACAP Hall County Meetings

When: Second Tuesday of every
month

Time: 10:00 am - 11:00 am

Where: Legacy Link

4080 Mundy Mill Road

Oakwood, GA, 30566 Price: Free



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NORTH GEORGIA™
INSTITUTE FOR HEALTHY AGING

ACAP Hall County

2024 Meeting Dates and Presentations

January 9	Preventing Falls and Helping Older Adults Stay Safe
February 13	How to Advocate for Your Loved One (and Yourself) in Healthcare
March 12	The Gainesville Memory Care Memory Assessment Clinic services and supports
April 9	Shielding Loved Ones from Scams and Fraud
May 14	Guide to Caregiving for the Aging Adult
June 11	How to Have Difficult Conversations with Aging Parents
July 9	Recognizing Alzheimer's and Other Dementias
August 13	Technology to Keep Your Parents Safe and Engaged
September 10	Knowing Your Limits and Creating Balance as a Caregiver
October 8	Residential Options When Home No Longer Meets Your Parents' Needs
November 12	Holidays and Healthy Eating and Nutritional Needs for Aging Adults
December 10	Celebrating Caregivers and Caregiver Conversations

<https://www.acapcommunity.org/find-a-chapter/acap-hall-county/>